

OVERVIEW, GUIDELINES, RULES, REGULATIONS AND EQUIPMENT

Official SIKU EXTREME ARCTIC CHALLENGE '08 Bylaws version revised 23rd of August 2007.

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Article I - Event Organisation and Race Overview

A. ORGANISATION AND MANAGEMENT

The SIKU EXTREME ARCTIC CHALLENGE is organised and managed by The SIKU EXTREME ARCTIC CHALLENGE Committee, Tasilaq, Ammassalik, East Greenland. The

Mission of the SIKU EXTREME ARCTIC CHALLENGE is to provide a racing experience that :

Challenges the mental, emotional and physical abilities of participants in a scenario where team-based problem solving skills are rewarded.

Promotes a spirit of co-operation and teamwork among race management and racing teams.

Advances the sport of adventure racing by ensuring a positive experience for all participants.

Provides an opportunity for community involvement through race officials, opportunities, partnerships and sponsorships.

Adheres to a minimum impact philosophy of environmental stewardship.

B. PERSONNEL

1. Race Directors

The Race Directors for the SIKU EXTREME ARCTIC CHALLENGE will be Anders Stenbakken and Hans Christian Florian. The race directors reserve all right to accept or reject modifications to these bylaws.

2. Race Ombudsman and Judges

The Race Ombudsman is appointed by the Race Directors to act as a third-party liaison between Race Participants and the Race Directors for matters of dispute regarding the interpretation of these bylaws and rulings regarding adjustment in team finishing times and/or rankings. The Race Ombudsman will be advised by a minimum of two judges. Collectively, they will make final recommendations to the Race Directors for the following :

Time penalties or disqualifications levied against team(s) as a result of violations of race rules as defined herein.

Time bonuses awarded to team(s) as a result of special circumstances.

Interpretation of and a recommended decision in response to post-race appeals submitted by team(s) addressing a dispute of disqualification, time penalties levied, or bonuses awarded prior to, during or after the race.

The Race Ombudsman and Judges will not be members or employees of The SIKU EXTREME ARCTIC CHALLENGE, or otherwise possess a

conflict of interest, either financial or personal, regarding the operation of SIKU EXTREME ARCTIC CHALLENGE.

3. Medical Director, Personnel and Operations

The medical Director, Hans Christian Florian will oversee all on-site first aid and emergency medical operations for the event, including but not necessarily limited to the following services and provisions.

An emergency response medical team.

Mobile triage units.

Water, land and air rescue teams.

The medical operations unit for this event will be to provide first aid and emergency response service for race participants and management/operations personnel. The medical operations unit will not provide long-term medical treatment or emergency medical care beyond the scope of field treatment.

The Medical Director has the FINAL authority (which may be delegated to specified members of the medical operations unit) to request an interruption in race participants progress (with a corresponding time bonus awarded) or race participants withdrawal for the purpose of medical treatment or evaluation.

Appeals to the Race Ombudsman regarding decisions made by the medical operations unit affecting the progress or continuation of race participants may be submitted. The Medical Director will provide and response to these appeals. However, neither the Medical Director nor the Race Ombudsman/Judges has any requirement to award time penalties or bonuses in response to this type of appeal.

4. Race Official

The Race Official will be responsible for all aspects of race timing, including the recording and tracking of start time, checkpoint and transition area times, finish times and penalties levied. The Race Official will provide the final record of race timing to the Race Directors that determines final rankings and finish classifications for all Race Participants.

5. Checkpoint Officials

Checkpoint Officials will be responsible for monitoring team progress at there assigned Checkpoint. Part of this responsibility includes but is not necessarily limited to : Communicating team progress to the Race Official via 2-way radio or satellite phones as necessary.

C. OFFICIAL LANGUAGE AND UNITS

The Official Language of The SIKU EXTREME ARCTIC CHALLENGE is Danish and English.

Units of measurement will be kilometre and meter.

The primary coordinate system used will be LATITUDE-LONGITUDE-ALTITUDE.

MAP DATUM: WGS 84

D. RACE DESCRIPTION

1. Format

The SIKU EXTREME ARCTIC CHALLENGE 2008 is a multi-day, multi-venue, stage and expedition adventure race.

2. Region

The SIKU EXTREME ARCTIC CHALLENGE 2008 will be held in East Greenland on Ammassalik Island. Start and finishing lines for the race will be in Tasilaq (The only city in East Greenland)

3. Length and Duration

The length of SIKU EXTREME ARCTIC CHALLENGE 2008 is approximately 250 km. and elevation 10.000+ metres to be completed within 5 days.

4. Venues

SIKU EXTREME ARCTIC CHALLENGE 2007 will include the following venues:

Mountain Trekking

Mountain Biking, city and off road.

Glaciser Trekking

Ice fjord Paddling

5. Schedule

The SIKU EXTREME ARCTIC CHALLENGE 2008 will be held July 17th – 26th of July 2008.

Race Schedule

July 17th Arrival to Kulusuk Airport, and transportation by boat to Tasillaq on Ammassalik Island. Welcome dinner. It's possible for teams to come earlier. (Accommodation before 17th and after 26th July will be provided for 25 EUR pr. person pr. night not including food.)

July 18th Gear check , opportunity for the teams to try the race canoes.

19th – 23rd of July SIKU EXTREME ARCTIC CHALLENGE 2008: Description will follow later.

24th July - Award ceremony. Race Party.

26th July - Departure

Article II - Participants

Participants

The teams participating in The SIKU EXTREME ARCTIC CHALLENGE 2008 will be 15 4-person teams. + 2 Team-Building Teams (on a reduced length) The AR teams will not be allowed to bring in support crews.

The constellation of the teams can be same sex teams or mixed sex teams.

Prizes

Revealed later

Article III - Press and Media Coverage

Personnel

A limited number of press passes will be offered on a first-come first-served basis. Applications for press should be made no later than one month prior to the start of the race. A press pass include media access to all race activities, including a pre-race press-only briefing, the final pre-race briefing, a post-race media briefing, and the post-race dinner and awards ceremony.

Requirements

Applicants for press passes must possess appropriate professional press qualifications. Approved members of the press must wear their own photo identification displaying their name and affiliation.

Transition Area Guidelines

Qualified and registered members of the press (approved and badges in display) will be granted access to transition areas. However, the press is not to interact with team members involved in a transition (unless invited by the team) so that the safety and expediency of the transition process will not be compromised. However, the press is encouraged to occupy transition areas to monitor race progress and interview race personnel when they are not assisting racers.

Media Footage Guidelines & Commercial Usage

Professional video cameras are allowed in staging and transition areas, including the marked staging areas at the start and finishing lines, the pre-race briefing and the post-race dinner and awards ceremonies WITH PERMISSION FROM ACE&ACE ACTION PRODUCTIONS AND SIKU EXTREME ARCTIC CHALLENGE. Professional footage MAY NOT be taken of any race-associated activity outside these areas

EXCEPT IN EXTENUATING CIRCUMSTANCES WITH PERMISSION OF ACE&ACE ACTION PRODUCTIONS AND SIKU EXTREME ARCTIC CHALLENGE. Footage taken

with any personal or professional video cameras cannot be used for broadcasting without express written permission to ACE&ACE ACTION PRODUCTIONS AND SIKU EXTREME ARCTIC CHALLENGE.

Competitors, spectators, family, friends, etc. agree that photographing, filming, audio recording, and so forth of images and voices, for personal, promotional, educational or informative purposes, is acceptable and permitted.

Article IV - Spectators

Spectators will be allowed in designated areas and the start and finishing lines and at BUT NOT WITHIN the transition areas. Spectators WILL NOT be allowed in official race meetings, within marked staging areas at the start and finishing lines, at checkpoints, or within marked transitions areas.

Article V - Registration Contact and Payment Procedure

A. Application Form and Entry Fee

The Team Entry Application Form must be send by e-mail to atc@greennet.gl

Entry fees 6,500 EURO must be transferred to The SIKU EXTREME ARCTIC CHALLENGE's account in Grønlandsbanken (Bank Of Greenland). IBAN: GL5064710001441482 Swift code: GRENLGX

The receipt for the bank transfer must be faxed to 00299 981243 or sent to the following address

SIKU EXTREME ARCTIC CHALLENGE

Att.: Anders Stenbakken

P.O. BOX 120, 3913 Tasiilaq, Greenland

When a team application is accepted, the team must within 2 weeks transfer 25% of the total entry fee to

The SIKU EXTREME ARCTIC CHALLENGE account. Deadline for full payment are 1 month after the team application has been accepted.

B. Reservation Procedure

A limited number of entries will accepted to ensure the quality and safety of the race and to minimise ecological impact. Thus, entry reservation will be awarded on a first-come first-served basis to qualified teams.

In the event that the number of qualified teams filing applications before June 15th 2008 exceed the number of available entries, teams will be awarded entries or ranked positions on a waiting list in a random drawing.

Completed applications will be evaluated when received and teams will be notified of their status (accepted, resubmit application or rejected) within 3 weeks after receipt of their application.

Incomplete applications may be given preliminary approval only under special circumstances, to described in the application.

C. Withdrawal & Refund

The cut-off day for withdrawal of an entry is May 1st 2008. A withdraw will result in a 50% refund of the full entry fee.

Withdrawal after to May 1st will result in no refund at all.

D. Late Entries

Late (after June 15th) Team Entry Applications will be accepted until June 15th 2008 only if the event is not sold out. All late entries will be awarded on a case-by-case basis.

Team Changes

Changes to the team made after the application has been accepted and an invitation has been awarded, requires that the team provide notice as soon as possible to SIKU EXTREME ARCTIC CHALLENGE via email for further instructions. All application forms must be updated to

reflect team changes. teams arriving at the pre-race registration without an updated application packet may not be allowed to participate and risk forfeiture of their entry reservation and all entry fees paid.

Entry Fees

The entry fee for one team is 6,500 EURO. The entry fee includes airfare from Domestic Airport in Reykjavik, Iceland, to Kulusuk Airport, East Greenland.

Transportation by boat or helicopter to Tasiilaq, Ammassalik Island. Accommodation in Tasiilaq. Catering (breakfast and evening buffet) for the period: 17th – 26th July 2008. Canoe and four paddles. Team tent in The Base Camp. Greenlandic Barbecue. Post Race Party. 1 CD with race and team pictures. Return to Iceland.

G. Registration Day

All team members are required to attend the Registration, Equipment Check and Pre-race Briefings during the race. Only registered teams passing the Equipment Check, and Pre-Race Briefing will be given race bibs and authentication to enter the race.

H. Summary of Dates

The following list summarises key dates for the SIKU EXTREME ARCTIC CHALLENGE 2008:

November 15th 2007 Open for Team Applications. Teams will be notified within 2 weeks of application receipt.

Full payment of Entry Fees: One month after the team has been accepted.

May 1st 2008 Deadline for withdraw with a 50% refund of the entry fee.

June 15th 2008 Deadline for Late Team Entry Applications.

July 17th 2008 Arrival in Kulusuk- transportation to Tasiilaq, Ammassalik Island.

July 17th 2008 Welcome dinner

July 19th 2008 Race start, Ammassalik Island

July 23rd 2008 Race Finish.

July 24th 2008 Post-race dinner and awards ceremony

July 26th 2008 Departure

Article VI - Equipment

A. Overview

The primary purpose of this equipment list is to identify mandatory equipment that all teams and participants will be required to carry for purpose of safety and emergency management. It is expected that participants already have appropriate knowledge regarding the use and selection of all equipment, whether mandatory or not. Race management reserves the right to request spot checks for mandatory gear at any time of the race. Teams unable to produce mandatory equipment during a spot check will result in time penalties, depending of the severity of the violation.

NOTE : The following lists describe is the mandatory minimum equipment required for participation in this event. Please don't assume that this minimum implies that these are the only things that you are allowed to carry with you. On the contrary, we expect you to rely on your own good judgement, knowledge and experience to provide additional equipment that will make your racing experience more successful.

B. Team Equipment Provided by Racing Organisation

Teams may not substitute their own equipment in this list.

Detailed map of the region 1:100.000 (Map Datum WGS 84)

Inflatable canoes.

Transportation bag (for the team canoe.)

Base camp tents

C. Personal Mandatory Equipment

Equipment on this side must be carried by each racer during the race.

Safety and Miscellaneous Gear

Whistle (waterproof sound mechanism recommended)

Knife with fixed or locking blade

Sunglasses with UV-protection

Personal first aid kit – including band aids, blisterdressings and wound dressings

Water bottles or bladder with minimum 1. Litre capacity
Two full-sized, heavy duty plastic bags (**additional** emergency shelter)
Two ziplock storage bags (waste containment)
Race bibs, to be worn by each racer as outer clothing layer at all times (provided by race management)

Clothing

Lightweight shirt and pants (synthetic recommended but not required)
Lightweight or middleweight synthetic long underwear (no cotton)
Middleweight or heavyweight fleece insulating top (no cotton)
Shell jacket (waterproof) and pants (water resistant)
Warm gloves (synthetic or wool)
Warm hat (synthetic or wool)
Durable but lightweight hiking shoes or boots
Extra socks (3 pair including those worn)
Neoprene socks
Life jacket

D. Team Mandatory Equipment to be carried at all times

Equipment on this list must be carried by the team at all times but may be distributed among any number of racers on the team.

2 strobelights (i.e. Pericentotec aquastrobe)
Two compasses (carried by separated individuals)
One GPS
One detailed map over the area 1:100.000 (provided by the race management)
One map replicates with marked checkpoints. (provided by the race management)
Ziplock freezer bags or other means of storage for course maps

E. Personal Mandatory Venue-Specific Equipment

Equipment on this list must be carried by each racer during the appropriate venue :

Mountain Biking Venues

Mountain bike
Climbing or biking helmet with chin strap

Glacier Trekking Venues

Cramps fit to boots. Recommended 4-8 points, "fusseisen" type.

One ice axe
One climbing or biking helmet with chin strap
One harness
One locking carabin
Two ordinary carabiners
Two Prussiks or Jumars

Canoe Venues

One wet suit Long john type min 3mm thick.
One life west
One dry-bag, keeping packed gear dry and buoyant on the fjord

F. Team Venue-Specific Equipment

Equipment on this list must be carried by the team during the appropriate venue but may be distributed among any number of racers on the team:

Mountain Biking Venues

Bicycle tire repair kit including pump
Bicycle repair tools
NOTE: It's not possible to buy spare parts in Tasilaq

Glacier Trekking Venue

One 45 meter 8 mm. Climbing rope

Mountain Trekking.

4 Waterproof storm shelters/bivybags or 2 bivybags large enough for 2 persons each
Four sleeping bags pr. Team Minimum weight 500 grs/bag
Four closed cell foam sleeping pads minimum size 50cmx150cmx5mm

G. Forbidden Equipment

Equipment on this list MAY NOT be carried by the team's racers at ANY time during the race. Possessions or use of this equipment will result in immediate disqualification of the team from competition. This list is only representative and is not necessarily a comprehensive list of forbidden items.

Weapons

Any mode of transportation other than those authorized by the race management and the specific approved venues
Illegal drugs or controlled substances without a prescription

Article VII - Safety, Liability, Emergencies and Medical Services

A. Overview

Safety remains the highest priority to be considered in all decisions having an impact on the organisation, management or outcome of the race. SIKU EXTREME ARCTIC CHALLENGE reserve the right to remove any competitor or team from the competition, to

change the course, or to halt racing entirely in safety considerations warrant such actions.

B. Medical Release

The SIKU EXTREME ARCTIC CHALLENGE Committee cannot be held responsible of personal injury or death incurred during the race.

C. Personal Liability Insurance

Personal medical insurance WILL NOT be provided for individuals participating in this event. ALL PARTICIPANTS are strongly recommended to provide their own personal medical insurance coverage.

D. On-site Medical Personnel and Event First Aid

On-site medical personnel will be available for round-the-clock event first aid and emergency response. Provisions will be in place for remote emergency rescue and transport to the local hospital or emergency care facility during the race.

There will be NO TIME PENALTIES imposed for receiving emergency or supportive medical treatment.

For serious injuries beyond the scope of field treatment by field medical personnel, the injured party will be transported to the local hospital or emergency facility. Transport may involve county agencies and support services. Injured racers will be responsible for covering minimum deductibles and/or expenses if an emergency should arise that requires outside assistance or transport to a local emergency facility.

E. Good Samaritan Rule

If an injured party or team in need of emergency or medical assistance is encountered, you have the personal responsibility to lend assistance until the emergency the emergency situation is under control without your assistance. No time penalties will be levied under such circumstances, and the award of time bonuses may be considered

F. Emergency Procedures

An emergency is defined as any type of serious bodily injury, accident, or exposure that would endanger life or limb. Under such circumstances, teams are REQUIRED to make every effort possible to contact race management personnel at the nearest checkpoint for emergency support. All checkpoints will be part of the emergency communication infrastructure and will have emergency communications available that include 2-way radio or a satellite phone.

Survival mirrors, emergency radios, smoke signals, distress flares, or other distress signals are only to be used in an emergency where immediate emergency treatment and/or evacuation is required. Negligent use of distress signals in a nonemergency

situation will result in immediate team disqualification and removal from the course.

Costs for emergency evacuation could be borne by the injured party.

G. Withdrawal from Competition

The team decision to voluntarily withdraw from competition is a serious decision that cannot be taken lightly with respect to emergency situation management. Any team that has made this decision is REQUIRED to contact race management personnel in person at a checkpoint or transition area. Teams that withdraw are REQUIRED to continue to the nearest staffed checkpoint where they will remain until further instructions are provided.

If a team fails to notify race management personnel of team withdrawal and race management is forced to institute a formal search for the team, the financial responsibility of the search will fall on the team captain.

In the event that a team member is unable to continue, remaining team members must wait until help has arrived before consideration can be given to allowing the remaining team to continue the race.

Incomplete teams may continue racing with a minimum of two racers. In the event that withdrawal of participants results in a team of one racer, that racer may join another team to continue racing at that team's invitation.

H. Penalties

Violations of mandatory safety procedures constitute the most severe form of racing misconduct and will met with strict penalties or team disqualification.

Article VIII - Race Overview

A. Race Timing

The Race Official will begin the race clock at the start of the race and stop the clock for each team when the last team member has crossed the finish line. Adjustments to the team's finishing time will be made to account for penalties, bonuses, checkpoint delays, or unforeseen circumstances. All time adjustments will be approved by the Race Ombudsman and Judges to ensure that all adjustments have been levied fairly and necessarily.

B. Team Travel

TEAM MEMBERS ARE REQUIRED TO TRAVEL WITHIN SIGHT OF EACH OTHER.

C. Venue Rankings & Finishing Classifications

Fastest overall times (following adjustments) and for each stage (e.g., a venue between two transition area) will be recognised. Awards will be given for teams with the fastest overall time. The SIKU EXTREME ARCTIC CHALLENGE Champions will be the

team in that successfully traverses the course from start to finish in the fastest time. All teams recognised as successfully completing the race must cross the finish line prior to the specified cut-off time.

D. Course Guidebook and Checkpoint Passport

Two Course Guidebooks, to include checkpoint passports and course maps, will be distributed to each team at the starting line. The Course Guidebook will include narrative details about the course as well as special rules and regulations for the route not found in these bylaw's.

Both copies of the Checkpoint Passport must be stamped and signed by the checkpoint official, at all checkpoints.

E. Route Adherence & Checkpoints

The Course Guidebook will give detailed guidelines regarding to what extent racers must adhere to the route specified between checkpoints. In some instances, racers will be required to adhere to a specific trail or route in the interest of safety or minimising ecological impact. In other instances, racers may have the freedom to select their own route between checkpoints. Guidelines and details about the route will be clearly stated in the Guidebook.

Checkpoints need not be visited in the probe order, but missing checkpoints will result in time penalties and team exclusion from the final rankings. Teams may backtrack to missed checkpoints as long as venue cut-off times are met, with no penalty or exclusion from final rankings.

F. Trekking and Mountain Trekking Venues

Mountain Trekking venues are those venues requiring significant portions of off-trail cross-country travel though exposed alpine and mountainous terrain. Mountain Trekking venues are distinguished from Trekking venues in all that exposure to the elements tends to be more severe, and class 2 or 3 rock scrambling may be required. Travel on mountainous slopes of talus or snow, or along exposed ridgelines, may be required. Mountain Trekking typically involve traversing the summit of a major peak.

G. Mountain Biking Venues

Mountain Biking venues are on city roads, primitive dirt roads, single track trails or no road at all. Bike "portages" may be required on particularly steep track, across rivers or cross-country between two tracks.

Bike towing within teams will not incur penalties.

Mechanical problems and bike repair must be handled by team members (anywhere on the course), other teams' members (anywhere on the course). No "outside" assistance is allowed.

H. Environmental Hazards

1. Plants and Animals

There are few native plants and animals that need to be respected. This is NOT a Polar Bear danger area during summertime.

2. Altitude

The SIKU EXTREME ARCTIC CHALLENGE course will traverse mountainous terrain 0 - 1000 meter in elevation.

3. Weather

Temperatures during daytime range from 10 to 18 Celsius and night time from 5 to 1 Celsius. July is a very sunny month, but frequent weather systems can bring severe winds with rain and sub-freezing temperatures, that can provide dangerous exposure.

4. Mountain Terrain

The SIKU EXTREME ARCTIC CHALLENGE characterised by difficult travel through mountainous terrain providing ample opportunity for

exposure to the elements, travel through rugged country of snow and rock, and travel to remote mountain locales where rescue may be difficult or impossible.

5. Water

All the courses visit frequently water sources. All water sources in Greenland are drinkable.

Water temperature in lakes and rivers are below 5 Celsius. Temperature in the fjords are 0 - 1 Celsius.

I. Ecological Guidelines

The SIKU EXTREME ARCTIC CHALLENGE Committee is committed to increase the awareness and appreciation of the Greater Greenlandic

Ecosystem through environmentally responsible adventure racing. All regulations regarding land use and minimum impact will be strictly followed. All teams must adhere to no garbage will be left on the course under any circumstance. Garbage must be carried out in zip-lock bags or other waste containers.

J. Penalty Summary

The following list is an example of actions that may incur time penalties from final ranking, or disqualification. The list is not comprehensive.

Failing to wear an unaltered race bib on the outside of clothing at all times during all venues. The only exception is for the temporary change of clothing.

Not visiting checkpoints.

Failing to return equipment or returning damaged equipment provided by race management.

Failing to follow mandatory equipment requirements or safety regulations regarding the possession and use of mandatory and forbidden equipment.

Unfair or un sportsmanlike behaviour, acts of team sabotage, wilful misconduct, or destruction of land, facilities or equipment.

Unauthorised transportation beyond that which is allowable in the specified venues.

Failure to follow directions provided by race management personnel, checkpoints officials or transition area officials.

Failure to travel as a team within sight of each other at any time.

Failure to observe minimum impact practices with respect to the transport and disposal of trash.

Acceptance of unauthorised assistance along the course.

All penalties will be reviewed and assessed by the Race Ombudsman and Judges. Appeals to levied penalties must be submitted in writing to the Race Ombudsman within one hour after the final cut-off time.